



AQUA FIT HAMBURG  
OTHMARSCHEN

SAUNA

HAMAM

ENTSPANNUNG

ABKÜHLUNG

MASSAGE

RESTAURANT



SELBSTDARSTELLUNG



JOBS



ANFAHRT

STARTSEITE

## Sweat and dive in

### RELAXATION BETWEEN THE SAUNA VISITS IS IMPORTANT

The body needs a little relaxation between each sauna visit. After the cold shower the swimming pool invites you for few rounds and to relax.

Let yourself drift, forget the everyday life and give your body a little rest after the sauna infusions – therefore is the swimming pool optimal.

Just dive and let yourself go. Sauna and swimming pool let you forget stress and bad weather.

